



Cowboy Bulletin

Wyoming Knights of Columbus



May 2024

FROM YOUR STATE CHAPLAIN

Happy Mother's Day! On Mother's Day this year we celebrate the Solemn Feast of the Ascension. And that of course prepares us for the wonderful celebration of Pentecost. In St Mark's Gospel we hear Jesus give the Eleven Apostles their commission to go out and proclaim the Gospel. Just before that, Jesus reprimands them for their unbelief. They did not believe the reports of his resurrection from other disciples. Belief in the resurrection is a very important requirement of our faith. This reprimand is an important part of their commission. They needed to be aware of their own slowness to believe as they went out to proclaim the Gospel. In our first reading from the Acts of the Apostles we hear of Jesus telling the Apostles to wait a few days for the Holy Spirit before they begin their ministry. They are not ready to go out on their own without the presence of God with them, nor will they ever be. These are very important things for us as well. We share in the same commissioning and indwelling of the Holy Spirit through our baptism and the Apostolic Succession of our Church. It is a call to be understanding of those who are slow to believe. We are all slow to believe in our own ways. We need to be consistent, patient and aware of the Holy Spirit as we live out our call to discipleship. So, as you go out as Knights and Ladies and Daughters of Knights please remember these lessons and allow the Holy Spirit to fill you so that you can be the great disciple that God is calling you to be.

Vivat Jesus

Fr. Louie





WYOMING STATE OFFICERS

2024-2025

State Deputy

**Brian Duyck
Powell**

State Secretary

**Jim Larscheid
Saratoga**

State Treasurer

**Mike Pexton
Cheyenne**

State Advocate

**Rodney Birkle
Casper**

State Warden

**Sean Sherwin
Green River**

State Chaplain

**Rev. Louis Shea
Riverton**

Immediate Past State Deputy

**Ron Morris
Casper**

State Executive Secretary

**John Benedik Jr
Laramie**





WYOMING KNIGHTS OF COLUMBUS FAMILY OF THE YEAR

LOUIS AND MARILYN KUHNEL



Council 6623's January Family of the Month is now the **Wyoming Knights of Columbus Family of the Year.**

The Knights of Columbus and St. Rose of Lima parish would like to recognize Louis and Marilyn Kuhnel as January Family of the Month. Louis is a fourth degree Knight, Past Grand Knight, and he is an essential part of our parish. He maintains the parish buildings and oversees any repairs that he cannot do himself. Louis also helps run the local food pantries at Land of Goshen and Caring and Sharing. In his spare time, he farms over three hundred acres. Marilyn is a member of the parish Women's group and can be found in our parish hall decorating and preparing for many of the breakfast, lunch, and dinner events in our parish. She also helps at the local food pantries. They are both active members of Our Lady of Guadalupe Society.

Council 6623

Torrington



Wyoming State Convention

2023-2024 Award Winners



State Deputy Brian Duyck presents Faith in Action awards to (cw from top) to Gillette 3477 GK John Cosner– Family Award & Life Award, Cheyenne 801 Delegate Jeff Shaffer– Community Award and Casper 1563 GK Ken Carr– Faith Award.

Family of the Year
Louis & Marilyn Kuhnel
Msgr Fred J Kimmitt Council 6623
Torrington

State Blessed Michael McGivney Award
Fr. Raymond Moss
Msgr Fred J Kimmitt Council 6623
Torrington

State Knight of the Year
Sherwin "Buddy" Cater
Msgr James Rudy Council 3477
Gillette

Community Award
40 Cans food drives.
Bishop P. A. McGovern Council 801
Cheyenne



Faith Award
Vocations Prayer Ministry
Msgr Thomas F O'Reilly Council 1563
Casper

Family Award
Coats for Kids
Msgr James Rudy Council 3477
Gillette

Life Award
Respect Life signs updated
Msgr James Rudy Council 3477



2024 STATE CONVENTION



Supreme Representative, David Tebow, demonstrating the power of a chain to our State Officers and District Deputies.



District Master Ray Malek is shown above with eleven new Sir Knights who were brought in during the Exemplification of Patriotism held at the convention. An Exemplification of Charity, Unity and Fraternity was conducted the evening prior.



FATHER OGG MEMORIAL GOLF TOURNAMENT

St. Paul's Newman Center and Laramie council 2720 would like to thank the Wyoming state Knights of Columbus for helping to sponsor the Fr. Tom Ogg Memorial golf tournament on August 31, 2024, at Jacoby golf course in Laramie. For more information go to newmancenter.org. You can also contact me. The website has all updated information Thank you again to the Wyoming Knights of Columbus.

John J. Van Heule Jr.
Financial Secretary Laramie 2720

KNIGHTS IN ACTION-COUNCIL 7453 GREEN RIVER

Monsignor James Godley Council 7453 held their annual Easter Egg Hunt on Holy Saturday at the parish grounds with a good number of children in attendance. We recently served a Confirmation Dinner and a First Communion Breakfast for the families and children in those two events. Immaculate Conception's piano broke recently and the Knights were called into service to move a borrowed piano from our local Convalescent Center into the church for the National Day of Prayer Mass.

Mike Dahl GK
Council 7453

COMMUNITY NEWS

As we begin our new Fraternal Year in July, remember to keep Faith In Action Community projects in your Council's scope of activities. Other than the main programs, there are other things we can do to support our communities. How about visiting elderly folks in our parishes, neighborhoods, hospitals, and nursing homes? How about mowing a lawn for someone that cannot, due to physical limitations? Perhaps they need someone to shop for them or pick up their groceries. Help with cooking, serving and clean-up at community and special summer events in your parish and community. Take a kid fishing if their parents don't have the time or equipment. Coach baseball, softball, or soccer if help is needed. Summer is a great time to offer your help wherever it is needed. Have a great summer!

SUBMISSION INFORMATION

Please feel free to make any submissions to w yokcnews@gmail.com. I will do my best to put out an issue of The Cowboy Bulletin every month, but I need your help to know what's going on out there. Upcoming events, council projects, and sharing ideas that could benefit other councils are all things we as Knights are interested in hearing about. Remember that we are Brother Knights, united in one cause.

Vivat Jesus

Steve Grapes



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DISABILITY INCOME INSURANCE

What is it?

Disability income insurance helps replace lost income when you are unable to work due to a disability resulting from an illness or accident.

Who needs it?

Disability income insurance helps protect your most important financial asset – your paycheck – so it should be an important part of every family’s planning. Long-term disability is much more common than other unfortunate circumstances that are commonly covered by insurance. Consider the fact that you face a 1 in 100 risk of losing your home to a fire [1], but a 1 in 4 risk of suffering a long-term disability [2].



Despite the odds and the prevalence of long-term disability – nearly 11 million Americans are receiving federal disability benefits[3] – more than 100 million Americans are without private disability income insurance.[4] In addition, any disability income insurance you may have through your employer may very well be insufficient or contingent on certain circumstances (like worker’s compensation).

How does it work?

Knights of Columbus disability income insurance policies provide a monthly benefit amount over the course of a maximum benefit period (see below) designed to help replace the income that you would have otherwise received if you were able to work. You are free to use your disability income benefits in whatever way you see fit – just like you would with your own paycheck.

Knights of Columbus Disability Income policies also come with special features, such as the total, partial, or presumptive disability income benefits, which help protect against special circumstances. As an added bonus, our disability income insurance policies come with a waiver of premium provision, which waives your policy’s premiums while you’re suffering from a disability.

What options do I have?

Benefit Period

The maximum benefit period is the longest period for which monthly disability benefits are payable for any one period of a disability. The benefit resets once the disability concludes. You may choose from:

2-Year – Protect your paycheck with two years of disability income payments.

5-Year – Protect your paycheck with five years of disability income payments.

To Age 67 – Protect all your working years with disability income payments until you reach retirement age.

Monthly Benefit

Working with your Knights of Columbus field agent, you establish the monthly benefit amount that the policy provides, based on your income and subject to certain limits.



Elimination Period

Disability income insurance policies come with an elimination period, which serves as your deductible or out-of-pocket amount. You can select a 30, 90, or 180-day elimination period, after which time your benefits will begin to be paid.

What if you suddenly lost the ability to earn a living?
Help protect your income and your family with Disability Income Insurance.

Knights of Columbus Disability Income Insurance

LIFE INSURANCE • DISABILITY INCOME INSURANCE • LONG-TERM CARE INSURANCE • RETIREMENT ANNUITIES

© Knights of Columbus, 1 Columbus Plaza, New Haven, CT 06510

Knights of Columbus

Contact me today to learn more:
Knights of Columbus Wheaton Agency
 Field Agent
 303-427-5056
 support@kofcservice.com

Additional Features and Benefits

A number of special features and benefits – often called riders – are available on Knights of Columbus disability income insurance products. For instance, the catastrophic disability rider provides an additional monthly benefit in the event of a catastrophic disability, and the cost of living adjustment rider helps your monthly benefit keep pace with inflation during a long-term disability.

Contact your Knights of Columbus field agent today to learn more about our disability income insurance products, and about the safety and security that we can help provide. <https://yourfaithinfinance.com/Careers/Find-Out-More>



SUPREME CHAPLAIN'S MONTHLY CHALLENGE

MAY 2024

“Holy Father, keep them in your name that you have given me, so that they may be one just as we are.” (Gospel for May 12, Jn 17:11b)

Jesus desires that his disciples be united in his name: one body, one faith, one church. It is vital for our own families to remain united in faith. It is not easy to raise and form children in the Catholic faith in today's confused culture. But as Holy Cross Father Patrick Peyton, the “rosary priest,” said, “The family that prays together stays together.” Let us keep our family united by staying united to Christ in prayer.

Challenge by Supreme Chaplain Archbishop William E. Lori:

This month — the month of Mary — I challenge you to pray the rosary daily with your entire household, offering at least one decade for the unity of your family and the Church.

Questions for Reflection:

Do you pray regularly with your family beyond grace at meals or attending Mass? In what ways might praying together increase your family's unity? What are some simple, specific ways you could practice family prayer in your home?

FAITH IN ACTION PROGRAMS

HABITAT FOR HUMANITY (FEATURED)

A HIGHER PURPOSE

Build homes with families in need. Councils are asked to donate a minimum of \$1,000 or 200 service hours to Habitat for Humanity projects in their community. A featured program, Habitat for Humanity counts for two credits toward the Columbian Award.

OVERVIEW

Knights of Columbus councils work closely with Habitat for Humanity, a nonprofit Christian organization, to build homes with families in need at substantially reduced costs. Each year, councils throughout the Order donate a considerable number of volunteer hours and dollars to this worthy cause. To satisfy program requirements, councils are asked to donate a minimum of \$1,000 or 200 service hours to Habitat for Humanity projects in their community.



SEMINARIANS OF THE DIOCESE OF CHEYENNE

Lee Noel



Theology III
University of Saint Mary of the Lake

1000 E. Maple Ave.
Mundelein, IL 60060

Home parish: Newman Center, Laramie
email: lnoel@dcwy.org

Daniel Simon



Pre-Theology I
University of Saint Mary of the Lake

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Mundelein, IL 60060

Home parish: St. Mary's Cathedral, Cheyenne
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Dokken Malmberg



Propaedeutic Year
Immaculate Heart of Mary Seminary

700 Terrace Heights, Box #808
Winona, MN 55987

Home parish: Holy Name, Sheridan
email: dmalmberg@dcwy.org

Anthony Richter



Theology I
University of Saint Mary of the Lake

1000 E. Maple Ave.
Mundelein, IL 60060

Home Parish: St. Matthew's, Gillette
email: arichter@dcwy.org



Wyoming Knights of Columbus—For the Good of the Order

Deceased Knights

- [Neil Obrigewitch](#) of Council 6558 in Douglas passed away May 12, 2023.
- [Marty Connolly](#) of Council 2578 in Thermopolis passed away March 1, 2023.
- [Alfirio “Al” Martinez](#) of Council 1563 in Casper passed away July 7, 2023.
- [Dennis Eckhardt](#) of Council 4031 in Cody, passed away June 8, 2023
- [Ken Piazza](#) of Council 4031 in Cody, passed away July 12, 2023
- [Fr Tom Ogg](#), past Wyoming State Chaplain, passed away August 23, 2023.
- [Mike Varney](#) of Council 6623 in Torrington, passed away May 3, 2023
- Andrew Stropka of Council 2578 in Thermopolis, passed away June 4, 2023.
- [Cole Fitsimmons](#) of Council 6623 in Torrington, passed away December 23, 2023.
- [Gary Klispie](#) of Council 8635 in Worland passed away January 6, 2024
- [Robert Johnson](#) of Council 11292 in Saratoga passed away on December 28, 2023

Please pray for our Brother Knights:

Please send any future prayer intentions to
wyokcnews@gmail.com



Blessed Father Michael McGivney



Prayer for the Canonization of Blessed Michael McGivney

Founder of the Knights of Columbus

God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Blessed Michael McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue, may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify Blessed Michael McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (*here make your request*). Through Christ our Lord. Amen.

Please report all favors received: The Father McGivney Guild
1 Columbus Plaza
New Haven, CT 06510-3326 • USA
www.fathermcgivney.org

Painting by Chas Fagan © Knights of Columbus
10502 10/20

A Prayer for Study

Lord, give us a mind that is humble, quiet, peaceable, patient and charitable, and a taste of your Holy Spirit in all our thoughts, words and deeds.

O Lord, give us a lively faith, a firm hope, a fervent charity, a love of You. Take from us all lukewarmness in meditation and all dullness in prayer. Give us fervor and delights in thinking of You, Your grace and Your tender compassion toward us.

Give us, good Lord, the grace to work for the things we pray for.

— Saint Thomas More (1478-1535)

To aid blind or low vision members in your council or parish, direct them to xaviersocietyfortheblind.org for audio and braille versions of many Catholic books and references.

If any member of the Knights of Columbus (or anyone else, for that matter) missed the beatification Mass of Father McGivney, you can still view it at www.youtube.com/watch?v=TMF2aOZBQ3M.

Join the Father McGivney Guild

As the sainthood process for Blessed Father Michael McGivney continues, it becomes ever more important to increase membership in the Father McGivney Guild. Membership stands at over 171,000, but only 464 listed to be from Wyoming. There are 2600 members shown in Wyoming.

Please encourage every Knight in your council, and their families, to join the McGivney Guild. Membership is open to everyone, not just Knights and families. It is easy to sign up at <http://www.fathermcgivney.org/en/index.html>. And please continue to pray the canonization prayer for Father McGivney.

Shawn Moody

Father McGivney Guild Chairman

esmmoody@gmail.com